







**Integrated Sleep Medicine Society Japan (ISMSJ) was established in 2008 in Japan aiming at integration of various medical fields and occupations related sleep.**

**The mission of ISMSJ includes cultivating human resources that are truly able to practice sleep medicine with multidisciplinary approach and creating world-class sleep medicine originating in Japan.**

**ISMSJ has made consistent effort to develop and establish sleep medicine that is sustainable under the Japanese medical care system. We, composed of approximately 200 members of sleep clinicians, technologists, nurses, and researchers, held annual meetings with distinguished invited foreign guests, such as Peretz and Lena Lavie, Mary Carscadon, Sharon Keenan, Charles Morin, Phyllis Zee, Adrian Williams, Mark Rosekind, Federica Provini, Alex Iranzo, Sonia Ancoli-Israel, Giora Pillar and Dieter Kunz. On the annual meeting, great value is placed on the quality of discussion and active participation to pursue healthy sleep and good practice in sleep medicine. ISMSJ members will be happy to serve as one of essential partners of WSS to advance sleep health in Japan and worldwide.**